

NORFOLK JUNIOR HIGH SCHOOL

2025-2026

Please fill out the form below to indicate your selection for 7th grade classes and return to your homeroom teacher by Thursday, March 13th:

Student Name: _____

Please circle your music preferences (you may circle one, two, or all three):

- Choir
- Band (You must already play a band instrument)
- Orchestra (You must already play an orchestra instrument)

OR

- NO music classes

Here are the electives available at Norfolk Junior High. Please circle any classes you are interested in taking as this will help our staff build your schedule. Please understand that you may not receive all of these choices. Course descriptions are on the back of this sheet.

- Art / Industrial Technology
- SOAR
- STEM
- Exploring Technology
- Life Management

Parent/Guardian signature: _____

ART / INDUSTRIAL TECHNOLOGY

The seventh grade art class allows the students the opportunity to investigate and create original works of art through a variety of art mediums. Possible art mediums may include oil pastel, pencil, clay, scratch art, or digital. With the study and implementation of the elements and principles of design, students will create original works of art with strong compositions, while working to improve their craftsmanship in each art medium. Students will use technology to create artwork as well as use it to document their own art.

Seventh grade Industrial Technology is a nine week long course in which students will be exposed to application of measurement and experience skills needed to complete projects. Students will learn safe lab procedures and techniques as well as gaining an understanding of technical communications in the area. Students will also be exposed to the different career opportunities that this field has to offer.

SOAR

The idea behind this quarter-long class is making students Strong, Organized, Active, and Respected in our community. Through the 4 indicators of civic health (social connectedness, confidence in institutions, political involvement, and community engagement) we will use project-based group work to enhance our area of the world through our words and actions!

S.T.E.M. - SCIENCE, TECHNOLOGY, ENGINEERING, & MATH

S.T.E.M. stands for science, technology, engineering, art, and math. In this project-based class, students will conduct hands-on math, engineering, science activities and games, build projects both individually and as part of a team and use many different forms of technology. The activities conducted in this class will introduce students to possible career opportunities that will capitalize on 21st century skills.

EXPLORING TECHNOLOGY

In this 7th grade class, students will explore the world of technology. Students will become savvy digital citizens while exploring a variety of digital tools. Students will practice keyboarding skills while completing hands-on projects that incorporate G Suite and other cloud-based applications.

LIFE MANAGEMENT

Life Management is a semester Family & Consumer Sciences course. Each unit focuses on essential Life & Career skills such as: food safety, nutrition, food preparation, food science, family relationships, issues facing teens, child care/safety, health and wellness, consumer skills, textiles and clothing, and career exploration. Projects include: food safety labs, nutrition labs, preparing recipes, menu planning, nutrition evaluation, food science experiments, children's stories, money management, budgets, checking accounts, debit /credit card simulations, calculating the cost of credit, investments, textile labs, clothing care, and career ready projects. Guest Day! Our Guest Day is our final Career Ready project that allows students to host an open house and work as a team to create presentations, prepare snacks, and communicate professionally with guests. You're invited!