

2020-2021 Physicals Information

Dear Norfolk Jr. High Parents and Athletes,

The NSAA SMAC unanimously recommended to the NSAA board that PPEs (Physicals for participation) for the 2019-2020 school year be acceptable for the 2020-2021 seasons. This recommendation would be for a one-year exemption only and would not include incoming freshmen. They continue to recommend that students visit their primary care providers for the PPE.

Therefore, any member school that has a current PPE for their student athletes on file for 2019-2020, those will now be valid for the 2020-2021 school year. All incoming freshmen would still be required to provide the school with the PPE paperwork that is dated no earlier than May 1, 2020.

All students entering the 7th grade are required by state law to have a physical exam. However, the physicals that the current 7th graders have for the 2019-2020 school year can be used for NSAA purposes for the 2020-2021 school year.

All current 8th grade students that are going to enter the 9th grade in 2020, will **STILL** be required to get a PPE for the 2020-2021 school year. All other high school students entering grades 10, 11 & 12 grades that have PPE paperwork for 2019-2020 school year, can use that physical for the 2020-2021 school year.

If you have any questions regarding physicals for next school year, you can contact Mr. Viergutz at the Jr. High at 402-644-2516.