Norfolk Elementary Schools PK-4

NORFOLK PUBLIC SCHOOLS
NOTHING PREVENTS SUCCESS!

Lunch Menu - August 2017

Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.

Each student is required to have 1/2 cup of fruits or vegetables on their tray.

Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.

FARMERS MARKET SELECTIONS

Learn more about this month's Selection on the poster in the dining area or at:

http://server.lunchtimesolutions.com:81/farmersmarket.pdf

Choose it - Try it!

Students MUST have at least ½ cup of a fruit or a vegetable on their tray. If you always skip the fruits and veggies – Don't fight it! – You'll learn to LOVE it! You have lots of choices for fruits and veggies every day, so choose something you like, or try something new! Benefits? A better lunch, more stamina for the day, and a healthier life!

Lunch Meal Prices & Extras

Elem.Student Lunch	$2.90	Extra Milk	$0.50
Reduced Lunch	$0.40	Extra Entrée	$1.75
Adult Lunch	$4.05		

Carbohydrate information for all food items can be found under the menus link on the district webpage. Just click on the "Carb Information All Menus" link.

Questions or comments:
Contact Scott Thompson, Food Service Director at 402-366-0457 or s.thompson@lunchtimesolutions.com

Applications for Free and Reduced Price meals are available in the school office.

Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
	1 NO SCHOOL	3 NO SCHOOL	2 NO SCHOOL	4 NO SCHOOL
7 NO SCHOOL	8 NO SCHOOL	10 NO SCHOOL	9 NO SCHOOL	11 NO SCHOOL
14 NO SCHOOL	15 NO SCHOOL	16 NO SCHOOL	17 A. Meatloaf and Dinner Roll B. Chicken Nuggets and Dinner Roll Mashed Potatoes with Gravy	18 A. Toasted Cheese Sandwich and Tomato Soup B. Cheese Pizza B. Pepperoni Pizza Mixed Vegetables
21 A. Chicken Fajitas B. Pork Fritter Sandwich Zesty Black Beans	22 A. Beef Stroganoff B. Corn Dog Peas Frosted Cinnamon Roll	23 A. Spaghetti with Meat Sauce B. Crispy Chicken Sandwich Green Beans Gelatin Dessert	24 A. Home-style Turkey & Gravy with Dinner Roll B. Chicken Nuggets and Dinner Roll Mashed Potatoes with Gravy	25 A. Taco Burger B. Pepperoni Pizza B. Cheese Pizza FMS Corn on the Cob FARMERS MARKET SELECTIONS
28 A. Orange Chicken over Rice B. BBQ Rib Sandwich Green Beans	29 A. Super Nachos B. Grilled Chicken Sandwich Refried Beans Cinnamon Bread Stick	30 A. Home-style Tater Hot Dish and Dinner Roll B. Hot Dog Mixed Vegetables Chocolate Chip Cookie	31 A. Italian Dunkers with Marinara Sauce B. Cheeseburger Candied Carrots Home-style Coleslaw	

This institution is an equal opportunity employer and provider.

🍽 = Home-style

LSI Lunchtime Solutions, Inc.